

## Star recipe



# Strawberry sundae



This recipe makes one large sundae



### You will need...



10 strawberries to mash, plus 5 or 6 more to slice



25g caster sugar



3 tablespoons plain yoghurt

### Grown-ups!

This is a simple recipe and your child should be able to do most of it themselves. Be on hand to supervise and help them out with mashing and mixing if they get tired.

Make this simple, healthy dessert with strawberries and yoghurt.





1 Wash ten strawberries in water and pick the leaves off. Put them in your mixing bowl.



2 Use the back of a fork to mash the strawberries until you have a thick mixture.



3 Add in the sugar and yoghurt. Mix it all together with your mixing spoon.





- 4** Spoon the mixture into your sundae glass until the glass is nearly full.



- 5** Ask an adult to slice your remaining strawberries, then put them on the top of your sundae to finish it off.

Top off your sundae with a pretty whole strawberry.



You can share your sundae with a friend!



### Grown-ups!

Slice the remaining strawberries into halves or quarters. Make sure you keep sharp knives in a safe place.

# Sundae fun

Sprinkle an extra ingredient on top of your sundae.

Decorate this umbrella to go on top! You can make your own umbrella on page 15.

**SPANISH!**

we did it  
lo hicimos  
say 'lo iss-EE-moss'

## Top tip!

Why not try other fruit on top of your sundae? Add slices of banana, apple or grapes – whatever you like!



Crush digestive biscuits with your rolling pin and sprinkle them on top.



Grate a little chocolate into a bowl, then sprinkle it over the strawberries.

Tick the food you'd like to add!



The sundae looks delicious.  
We did it! ¡Lo hicimos!

